

7 Brew Menu with Prices, Calories and Caffeine

Complete menu guide · August 2026

148

DRINKS

8

CATEGORIES

\$4–\$10

PRICE RANGE

0–362

MG CAFFEINE

How to read this guide. Calories and caffeine are Medium size, taken from 7 Brew's official nutrition guide (June 2026). Prices are typical and vary by location — every 7 Brew stand is franchised and sets its own. Blended (Frozen Chiller) preparations carry more calories, sugar and caffeine than iced versions of the same drink.

7 Originals

27 drinks · \$5.00–\$8.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Banana Bread Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	340	120 mg	Milk
Blondie Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	480	120 mg	Milk
Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	400	120 mg	Milk
Brunette Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	370	120 mg	Milk
Caramel Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	490	120 mg	Milk
Cinnamon Roll Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	510	120 mg	Milk
Cookie Butter Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	580	120 mg	Milk
Frosted Cookie Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	450	120 mg	Milk
German Chocolate Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	370	120 mg	Milk
Honeybun Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	460	120 mg	Milk
Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	300	120 mg	Milk
Smooth 7 Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	520	120 mg	Milk
Snickerdoodle Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	350	120 mg	Milk
Sugar-Free Banana Bread Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	430	120 mg	Milk
Sugar-Free Blondie Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	400	120 mg	Milk, Soy
Sugar-Free Brunette Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	440	120 mg	Milk, Soy
Sugar-Free Caramel Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	440	120 mg	Milk, Soy
Sugar-Free Cinnamon Roll Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	400	120 mg	Milk, Soy
Sugar-Free Cookie Butter Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	370	120 mg	Milk, Soy

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Sugar-Free German Chocolate Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	430	120 mg	Milk, Soy
Sugar-Free Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	470	120 mg	Milk
Sugar-Free Smooth 7 Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	400	120 mg	Milk, Soy
Sugar-Free Snickerdoodle Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	400	120 mg	Milk
Sugar-Free Sweet & Salty Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	400	120 mg	Milk, Soy
Sugar-Free White Chocolate Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	470	120 mg	Milk, Soy
Sweet & Salty Breve	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	520	120 mg	Milk
White Chocolate Mocha	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	370	120 mg	Milk

Classics

34 drinks · \$4.00–\$7.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	9 mg	None
Blondie Cold Brew	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	130	246 mg	Milk
Brown Sugar Cinnamon Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	80	180 mg	None
Brunette Cold Brew	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	120	246 mg	Milk
Cappuccino	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	130	120 mg	Milk
Caramel Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	340	120 mg	Milk
Cold Brew	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	20	268 mg	None
Crème Brûlée Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	260	120 mg	Milk
Cupcake Cappuccino	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	210	120 mg	Milk
Dark Chocolate Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	100	180 mg	None
French Vanilla Cappuccino	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	230	120 mg	Milk
Funnel Cake Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	330	120 mg	Milk
Hazelnut Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	80	180 mg	None
Irish Cream Cappuccino	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	210	120 mg	Milk
Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	190	120 mg	Milk
Raspberry Truffle Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	320	120 mg	Milk
Salted Caramel Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	330	120 mg	Milk
Sugar-Free Blondie Cold Brew	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	60	246 mg	Milk, Soy
Sugar-Free Brown Sugar Cinnamon Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	5	180 mg	None
Sugar-Free Brunette Cold Brew	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	60	246 mg	Milk, Soy
Sugar-Free Caramel Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	250	120 mg	Milk, Soy
Sugar-Free Dark Chocolate Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	70	180 mg	None
Sugar-Free French Vanilla Cappuccino	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	160	120 mg	Milk, Soy
Sugar-Free Funnel Cake Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	240	120 mg	Milk, Soy
Sugar-Free Hazelnut Americano	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	180 mg	None
Sugar-Free Irish Cream Cappuccino	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	120	120 mg	Milk
Sugar-Free Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	130	120 mg	Milk

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Sugar-Free Raspberry Truffle Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	250	120 mg	Milk, Soy
Sugar-Free Salted Caramel Macchiato	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	210	120 mg	Milk, Soy
Sugar-Free Toasted Marshmallow Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	120 mg	Milk
Sugar-Free Vanilla Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	120 mg	Milk
Toasted Marshmallow Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	250	120 mg	Milk
Vanilla Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	260	120 mg	Milk
White Mac Cold Brew	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	110	246 mg	Milk

Teas, Chai & Matcha

45 drinks · \$4.00–\$7.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Black Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	128 mg	None
Brewchata Chai	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	260	0 mg	Almond
Brewchata Chai Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	230	0 mg	Almond
Cereal Milk Matcha Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	310	17 mg	Milk
Chai Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	220	0 mg	Milk
Cherry Blossom Black Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	106 mg	None
Cherry Blossom Cinnamon Spice Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	11 mg	None
Cherry Blossom Decaf Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	1 mg	None
Cherry Blossom Earl Grey Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	11 mg	None
Cherry Blossom Green Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	50 mg	None
Cherry Blossom Paris Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	85 mg	None
Cinnamon Spice Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	11 mg	None
Cloud 9 Matcha Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	310	17 mg	Milk
Decaf Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	1 mg	None
Earl Grey Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	11 mg	None
Georgia Peach Black Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	106 mg	None
Georgia Peach Cinnamon Spice Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	11 mg	None
Georgia Peach Decaf Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	1 mg	None
Georgia Peach Earl Grey Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	11 mg	None
Georgia Peach Green Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	50 mg	None
Georgia Peach Paris Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	170	85 mg	None
Green Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	60 mg	None
Hula Black Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	106 mg	None
Hula Cinnamon Spice Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	11 mg	None
Hula Decaf Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	1 mg	None
Hula Earl Grey Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	11 mg	None
Hula Green Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	50 mg	None
Hula Paris Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	85 mg	None

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Matcha Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	240	17 mg	Milk
Paris Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	102 mg	None
Salted Honey Chai Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	300	0 mg	Milk
Strawberry Matcha Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	300	17 mg	Milk
Sugar Cookie Chai Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	300	0 mg	Milk
Sugar-Free Brewchata Chai	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	180	0 mg	Almond
Sugar-Free Brewchata Chai Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	150	0 mg	Almond
Sugar-Free Cereal Milk Matcha	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	370	28 mg	Milk
Sugar-Free Cereal Milk Matcha Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	260	17 mg	Milk
Sugar-Free Georgia Peach Black Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	106 mg	None
Sugar-Free Georgia Peach Cinnamon Spice Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	11 mg	None
Sugar-Free Georgia Peach Decaf Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	1 mg	None
Sugar-Free Georgia Peach Earl Grey Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	11 mg	None
Sugar-Free Georgia Peach Green Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	50 mg	None
Sugar-Free Georgia Peach Paris Tea	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	0	85 mg	None
Sugar-Free Strawberry Matcha	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	330	28 mg	Milk
Sugar-Free Strawberry Matcha Latte	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	230	17 mg	Milk

7 Energy

10 drinks · \$5.00–\$8.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Brewberry 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	230	105 mg	None
Heatwave 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	230	105 mg	None
Nightshade 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	230	105 mg	None
Ocean Breeze 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	240	105 mg	None
Pixie Stick 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	230	105 mg	None
Sugar-Free Brewberry 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	5	105 mg	None
Sugar-Free Ocean Breeze 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	5	105 mg	None
Sugar-Free Sunrise 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	5	105 mg	None
Sunrise 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	230	105 mg	None
Tropic Thunder 7 Energy	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	230	105 mg	None

7 Fizz

8 drinks · \$5.00–\$8.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	0	0 mg	None
Blood Orange 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	250	0 mg	None
Brew Lagoon 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	250	0 mg	None
Peaches 'n Cream 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	270	0 mg	None

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Pink Mermaid 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	5	0 mg	None
Sugar-Free Peaches 'n Cream 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	0	0 mg	None
Sugar-Free Sunrise 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	0	0 mg	None
Sunrise 7 Fizz Soda	\$5.00–\$6.50	\$5.75–\$7.50	\$6.25–\$8.00	250	0 mg	None

Lemonades

6 drinks · \$4.00–\$7.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Cocoberry Lemonade	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	280	0 mg	None
Fruit Roll-Up Lemonade	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	270	0 mg	None
Key Lime Pie Lemonade	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	280	0 mg	Milk
Lemonade	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	200	0 mg	None
Pink Paradise Lemonade	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	270	0 mg	None
Sugar-Free Cocoberry Lemonade	\$4.00–\$5.50	\$4.50–\$6.50	\$5.00–\$7.00	190	0 mg	None

Shakes

6 drinks · \$6.00–\$10.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Birthday Cake	\$6.00–\$7.50	\$6.50–\$8.50	\$7.00–\$10.00	600	0 mg	Milk
Cookies & Cream	\$6.00–\$7.50	\$6.50–\$8.50	\$7.00–\$10.00	600	0 mg	Milk
Orange Sherbet	\$6.00–\$7.50	\$6.50–\$8.50	\$7.00–\$10.00	560	0 mg	Milk
Rocky Road	\$6.00–\$7.50	\$6.50–\$8.50	\$7.00–\$10.00	710	0 mg	Milk
Shake	\$6.00–\$7.50	\$6.50–\$8.50	\$7.00–\$10.00	410	0 mg	Milk
Sugar-Free Rocky Road	\$6.00–\$7.50	\$6.50–\$8.50	\$7.00–\$10.00	390	0 mg	Milk, Soy

Smoothies

10 drinks · \$6.00–\$9.00

DRINK	SMALL	MEDIUM	LARGE	CAL	CAFFEINE	ALLERGENS
Blackberry Cobbler Wildberry	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	510	0 mg	Milk
Mango	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	430	0 mg	Milk
Peach	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	370	0 mg	Milk
Piña Colada	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	700	0 mg	Milk
Strawberry	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	460	0 mg	Milk
Strawberry Banana	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	500	0 mg	Milk
Tiger's Blood Piña Colada	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	720	0 mg	Milk
Tiki Tango Mango	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	470	0 mg	Milk
Toasted Coconut Strawberry	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	500	0 mg	Milk
Wildberry	\$6.00–\$7.00	\$6.50–\$8.00	\$7.00–\$9.00	460	0 mg	Milk

Add-ins

per 1 oz

ADD-IN	CALORIES	SUGAR	ALLERGENS
Cream	40	1 g	Milk
Sugar-Free Dark Chocolate Drizzle	70	0 g	None
Sugar-Free Caramel Drizzle	80	0 g	Milk, Soy
Sugar-Free White Chocolate Drizzle	80	0 g	Milk, Soy
Dark Chocolate Drizzle	100	23 g	None
White Chocolate Drizzle	110	23 g	Milk
Caramel Drizzle	130	22 g	Milk

Nutrition data from 7 Brew’s official Nutrition Guide, last updated June 2026. Values apply to standard recipes; customisations change them. The guide records milk, soy and almond only — it does not record gluten, so ask staff directly if you are avoiding it. Prices are typical figures collected from public sources and vary by location.

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